

A Unique Tennis Holiday

hosted by

Lorna Woodroffe and Karen Cross

Brand, Austria 9 – 16 August 2008

All welcome

All levels of tennis players, as well as non-tennis-playing guests, will enjoy this unique and fun-packed week with great après tennis.

The holiday includes:

- A seven-night stay in the lovely 4-star Hotel Valavier
- Delicious buffet breakfasts with a variety of local dishes, afternoon snacks and five/six-course evening meals (three-quarter board)
- One lunch/picnic in the mountains
- Five days of tennis coaching by pros Lorna and Karen (maximum 4 players per coach)
- A Pimms & Strudel 'Olympics' tennis tournament, with prizes for 'champions'
- Unlimited court time
- Child care every day from 4pm to 8pm
- Transfers from and to the airport
- Holiday 'PA' services in the resort to make sure you have everything you need

About the resort - Brand

Brand is a small village full of fantastic things to do and see. It's in the Vorarlberg region of Austria, two hours from Zurich airport.

This unspoilt mountain resort has superb tennis facilities – its 11 courts include three indoor, two AstroTurf and six clay.

Brand also offers a lovely 18-hole golf course, horse riding, a swimming lake and hundreds of kilometres of hiking trails. So if you like being active it's full of potential, but it's also a great place to relax, recharge your batteries and just chill.

Getting there

Our holiday PA will meet you at Gatwick airport to help you on your way. You'll travel out with our tennis pros Karen and Lorna, and our development director Kasia will greet you at Zurich airport. The journey to Brand will take around one hour and forty-five minutes, and there will be cold drinks and snacks on the coach for your refreshment.

About the hotel

4-star Hotel Valavier is a lovely place to stay, with its own rooftop indoor pool, sun terrace and spa centre. It's family-run and you'll feel right at home with its warm and efficient service, great facilities and delicious food. Hotel Valavier also offers free child care every day from 4pm to 8pm – a feature that many of our guests enjoy.

Hotel Valavier is within easy walking distance of all of the resort facilities and just a few minutes' walk from the tennis courts. It's right in the centre of picturesque Brand.

About our pros

Lorna Woodroffe is a former British no 2 and world no 133, who represented Britain in the 2000 Sydney Olympics.

Karen Cross is a former British no 2 and world no 134. In 1997 Karen reached the third round at Wimbledon (the first British woman in 21 years to do this).

About the tennis

Together with the European Tennis Academy coaches, Lorna and Karen have designed a special programme for this unique holiday. Each morning will have a different focus to challenge you and keep you on your toes! Afternoons are free for practice and play.

- **Monday - technical/analysis day**
- *Group 1 from 8.30 to 11 and Group 2 from 11 to 1.30*
- **Tuesday - drill like the pros** (turnaround tennis)
- *Group 1 from 11 to 1 and Group 2 from 9 to 11*
- **Wednesday - tennis medley** (music tennis, baskets, bungee tennis, heart rate tennis)
- *Group 1 from 9 to 11 and Group 2 from 11 to 1*
- **Thursday - tactical session/match play** (singles and doubles)
- *Group 1 from 11 to 1 and Group 2 from 9 to 11*
- **Friday - doubles tactics**
- *Group 1 from 9 to 11 and Group 2 from 11 to 12.30*

Plus on Friday afternoon Pimms & Strudel 'Olympics' tennis tournament with your pros and coaches

During the week you can also enjoy:

- An evening trip to see the opera Tosca on the lake
- Horse riding, pony trekking and riding lessons
- Golf—including taster sessions, beginner courses with the an English pro or pay and play.
- Beach volleyball *
- Children's play areas*
- A children's petting zoo*
- A bathing lake with a café, terrace, table tennis and children's play area*
- Hiking, gentle walks, organised and guided hikes
- Mountain biking
- Fishing, including lessons with the local fishing academy
- Spa treatments in Hotel Valavier's spa centre
- A visit to the Suchard chocolate shop*
- Additional tennis coaching for a small fee

**free activities*

PRICES

Prices with the tennis package start at £799* per person

For two adults sharing a standard double room	£799 per person
For two adults sharing a large double room	£860 per person
For two adults sharing a premium double room	£924 per person

For one adult in a single room	£893 per person
For one adult in a double room (single occupancy)	£930 per person

For a child 9-14 years old sharing a room with parents	£639 per child
For a child 5-9 years old sharing a room with parents	£558 per child
For a child 2-5 years old sharing a room with parents	£60 per child
Children under 2 are free	

Prices without the tennis package start at £628* per person

For two adults sharing a standard double room	£628 per person
For two adults sharing a large double room	£660 per person
For two adults sharing a premium double room	£724 per person

For one adult in a single room	£693 per person
For one adult in a double room (single occupancy)	£730 per person

For a child 9-14 years old sharing a room with parents	£439 per child
For a child 5-9 years old sharing a room with parents	£358 per child
For a child 2-5 years old sharing a room with parents	£60 per child
Children under 2 are free	

****This price doesn't include flights and is based on guests flying from Gatwick to Zurich on Saturday 9 August on the 08:15 British Airways flight BA2750 and returning on Saturday 16 August on the 20:15 British Airways flight BA2755 from Zurich to Gatwick. You can book your flights online or through our ATOL-licensed partner Meon Valley Travel 01730 711002. There may be a transfer charge for anyone travelling on a different flight.***